

MIRI

MIRI, is a coastal city renowned for its oil industry and natural wonders. It serves as the gateway to the UNESCO World Heritage site of Gunung Mulu National Park, famous for its limestone caves and diverse rainforest. Miri's vibrant cultural scene includes the Tamu Muhibbah market and the Petroleum Museum, highlighting its oil-rich history. Visitors can enjoy pristine beaches like Tusan Beach and explore nearby islands such as Pulau Sibuti. With a blend of industrial prowess and ecological beauty, Miri offers a unique experience blending adventure, history, and natural heritage in Borneo.



STAGE 7

BINTULU

BINTULU, a bustling industrial town port servicing oil, gas and timber, significant to Malaysia's oil and gas industry. It is known for its vibrant natural attractions like Similajau National Park, home to diverse wildlife and scenic beaches like Pantai Tanjung Batu. Its economy thrives on energy production, particularly liquefied natural gas (LNG). Bintulu features cultural highlights such as the Bintulu Tamu market and traditional Melanau crafts. With its combination of industrial importance and natural beauty, Bintulu offers a unique blend of economic vitality and outdoor adventure in the heart of Borneo.



Stage Map

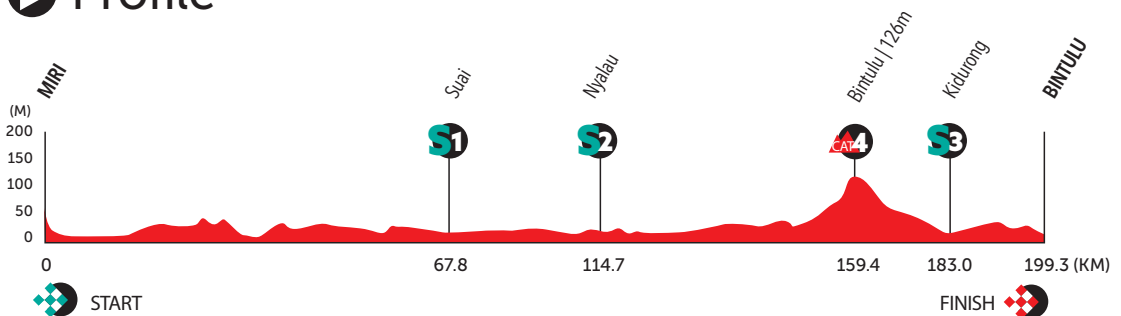


Saturday, 5 October 2024
Race Distance: 199.3km

Miri - Bintulu



Profile



Transfer to Start Map



STAGE 7

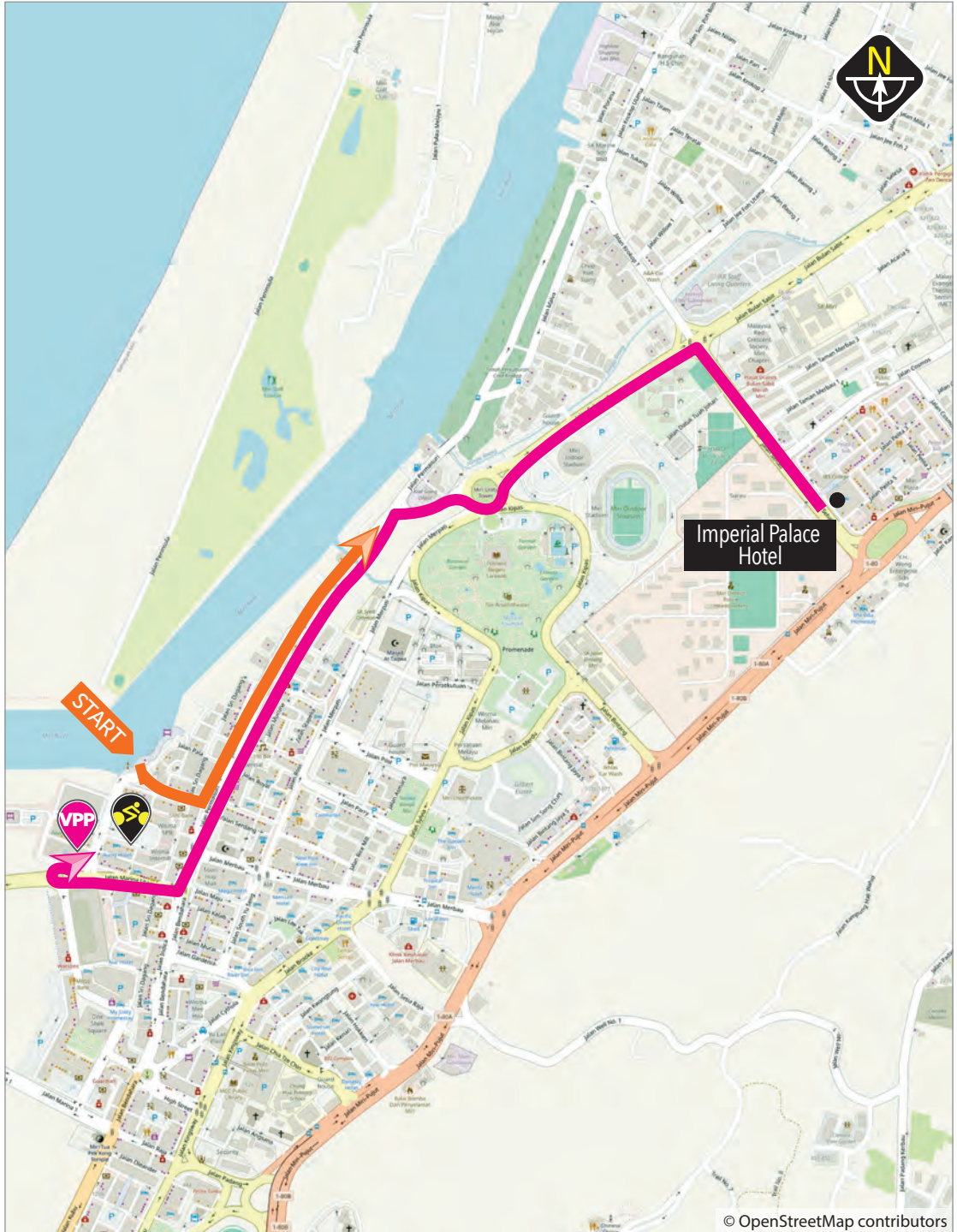


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Estimated travel time : 7 mins
Estimated distance : 2.4 km

Vehicle Passage Point

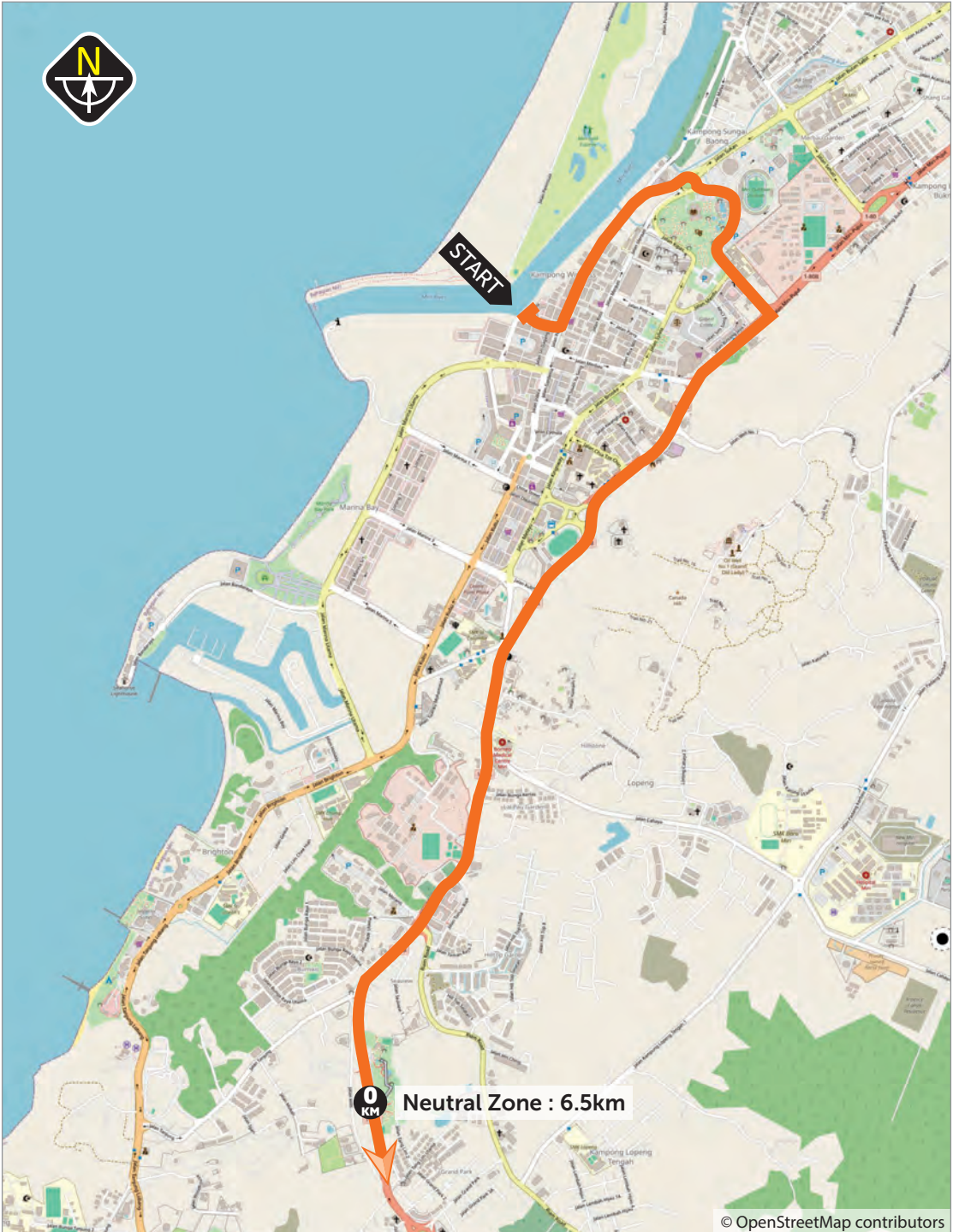


Start Location Map



▶ Miri

STAGE 7



Miri - Bintulu

Start Layout Map



▶ Miri Waterfront



Time Table



Start Time Table

Start Location : Miri Waterfront, Miri

TIME	ACTIVITIES
0530 hrs	VPP in Operation / Race Facilities Crew on Site / Race Security on Site / Road Closure at Start Area
0700 hrs	PA System on
0930 hrs	Race Officials on Site
0940 hrs	Arrival of Guests / Arrival of Teams
0950 hrs	Riders Signing On Opens
1000 hrs	Arrival of VIPs
1015 hrs	Cavalcade Departs
1050 hrs	Riders Signing on Closes / Advance Vehicles Depart / Classification Leader Presentation / Riders Assemble at Start Line
1100 hrs	Petronas Le Tour de Langkawi Flag-Off
1115 hrs	VIPs Depart
1130 hrs	De-Rig Commences
1330 hrs	Roads Re-Open

Finish Time Table

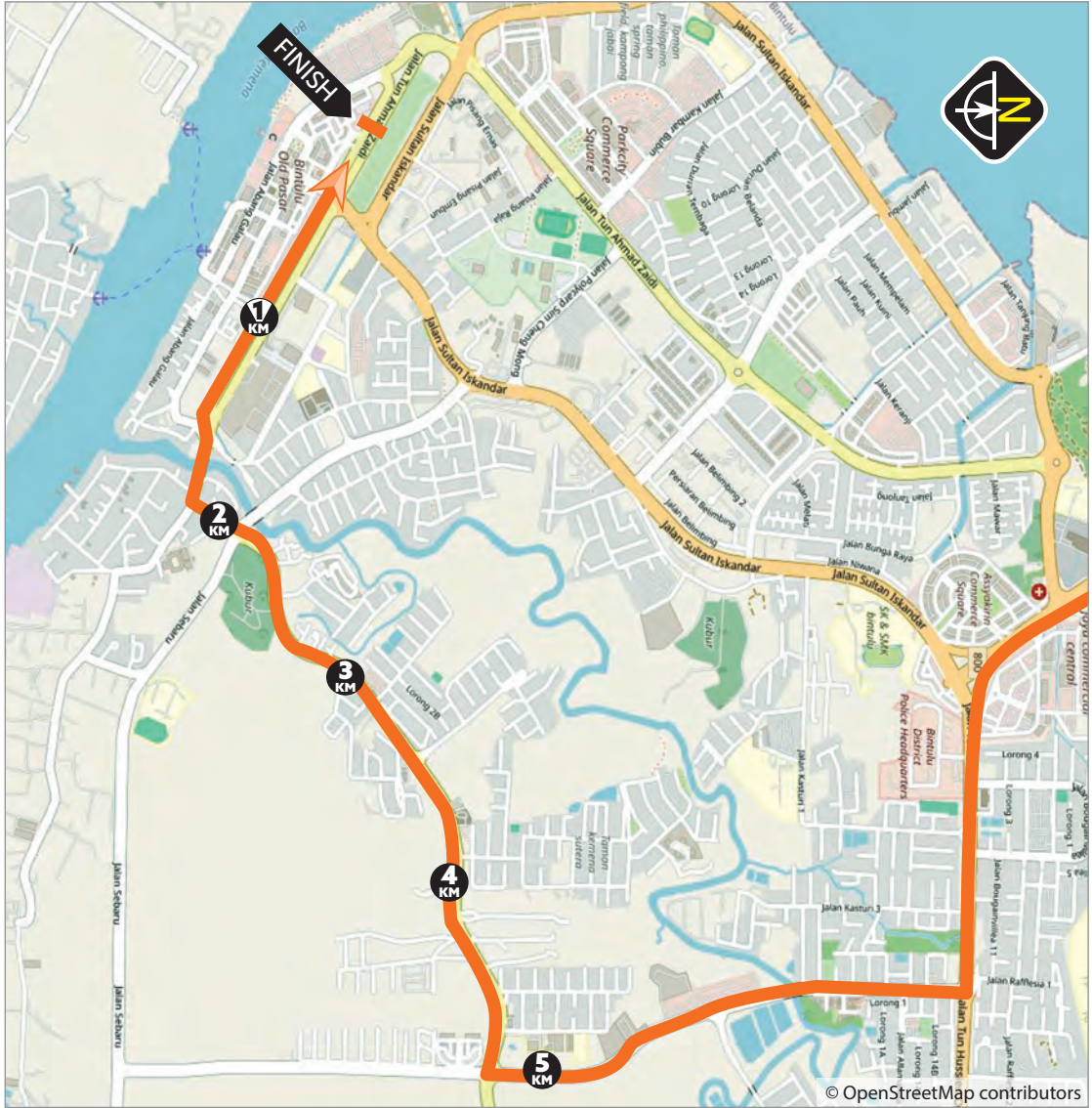
Finish Location : Lasar Kenyalang, Bintulu

TIME	ACTIVITIES
0700 hrs	Race Facilities Crew on Site / Road Closure at Finish Area
0800 hrs	Race Security on Site / Race Officials on Site
0830 hrs	PA System on
0900 hrs	Side Events Start
1425 hrs	Arrival of Guests
1445 hrs	Arrival of VIPs
1450 hrs	Advance Vehicles Arrive
1500 hrs	Cavalcade Arrives
1545 hrs	Petronas Le Tour de Langkawi Arrives - Fast Schedule
1558 hrs	Petronas Le Tour de Langkawi Arrives - Expected Schedule
1615 hrs	Prize Giving Ceremony
1645 hrs	VIPs Depart
1715 hrs	De-Rig Commences
1915 hrs	Roads Re-Open

Finish Location Map



Bintulu



5km Profile



Finish Layout Map



▶ Lasar Kenyalang



STAGE 7

Miri - Bintulu

Schedule



Start Location : Miri Waterfront, Miri
 Finish Location : Lasar Kenyalang, Bintulu
 Neutral Zone : 6.5 km
 Race Distance : 199.3 km
 Total Distance : 205.8 km

DISTANCE (km)		INSTRUCTION		DESCRIPTION	TIME TABLE			
FROM START	TO FINISH				Cavalcade @ 45mins	44kph	42kph	40kph
From Start Gantry at Miri Waterfront, Jalan Marina Utama - Turn Left to Jalan Permaisuri, straight on for 1 traffic light junction, then turn right to Jalan Sukan, at roundabout take 2nd exit to Jalan Kipas, then at traffic light junction turn right to Jalan Miri-Pujut, straight on for 1 traffic light junction, then at fork junction bear left to Jalan Miri-Pujut, then straight on for 1 traffic light junction. End of Neutral Zone at Pedestrian Crossing Taman Awam Miri / Sea Horse statue on the left.					10:15	11:00	11:00	11:00
0.0	199.3	RACE START PROPER		Pedestrian Crossing Taman Awam Miri / Sea Horse statue on the left	10:28	11:13	11:13	11:13
0.8	198.5	Roundabout	3rd Exit	To Jalan Luak Bay / Sea Horse statue	10:29	11:14	11:14	11:14
1.3	198.0	Traffic Light Junction	Straight On	2 Traffic Light Junctions in 600m	10:30	11:15	11:15	11:15
2.0	197.3	Junction	Straight On	Jln Kpg Luak 1 on right	10:31	11:16	11:16	11:16
2.2	197.1	T-Junction	Turn Left	To Jalan Bakam	10:31	11:16	11:16	11:16
2.3	197.0	Sign	Straight On	Petronas Luak Bay on the left	10:31	11:16	11:16	11:16
2.6	196.7	Traffic Light Junction	Straight On	Jln Kpg Luak 2 on the left / TT Furniture on the right	10:32	11:17	11:17	11:17
5.1	194.2	Bridge / Traffic Light Junction	Straight On	Sungai Maktab	10:35	11:20	11:20	11:21
6.4	192.9	Sign	Straight On	Sek Men Sains Miri on the left	10:37	11:22	11:22	11:23
14.7	184.6	Sign	Straight On	Sek Keb Kg Bakam on the left	10:48	11:33	11:34	11:35
20.7	178.6	Bridge	Straight On	Sungai Beraya	10:56	11:41	11:43	11:44
29.4	169.9	Sign	Straight On	Milestone "Bintulu 170" on the right	11:08	11:53	11:55	11:57
30.0	169.3	DRINK START	Straight On	Sign "80 km/j ADVISORY" on the left	11:09	11:54	11:56	11:58
30.0	169.3	WASTE ZONE 1 START	Straight On		11:09	11:54	11:56	11:58
30.5	168.8	WASTE ZONE 1 END	Straight On		11:10	11:55	11:57	11:59
37.5	161.8	Sign	Straight On	Sek Keb Kg Angus, Bekenu on the left	11:19	12:04	12:07	12:09
42.2	157.1	Bridge - 300m	Straight On	Sungai Sibuti	11:26	12:11	12:13	12:16
51.9	147.4	Bridge	Straight On	Sungai Padang	11:39	12:24	12:27	12:31
59.4	139.9	Sign	Straight On	Milestone "Bintulu 140" on the right	11:49	12:34	12:38	12:42

Schedule



Start Location : Miri Waterfront, Miri
 Finish Location : Lasar Kenyalang, Bintulu
 Neutral Zone : 6.5 km
 Race Distance : 199.3 km
 Total Distance : 205.8 km

STAGE 7

DISTANCE (km)		INSTRUCTION		DESCRIPTION	TIME TABLE			
FROM START	TO FINISH				Cavalcade @ 45mins	44kph	42kph	40kph
64.4	134.9	WASTE ZONE 2 START	Straight On	Milestone "Bintulu 135" on the right	11:56	12:41	12:45	12:50
64.9	134.4	WASTE ZONE 2 END	Straight On		11:57	12:42	12:46	12:51
67.6	131.7	Traffic Light Junction	Straight On	Jalan Sepupok on the left / Tamu Niah on the right	12:00	12:45	12:50	12:54
67.8	131.5	SPRINT 1 - SUAI	Straight On	Sek Men Keb Suai, Miri on the right	12:01	12:46	12:50	12:55
83.5	115.8	Sign	Straight On	Milestone "Bintulu 116" on the right	12:22	13:07	13:12	13:18
99.9	99.4	Bridge	Straight On	Bridge - Sungai Telong	12:45	13:30	13:36	13:43
104.2	95.1	WASTE ZONE 3 START	Straight On		12:50	13:35	13:42	13:49
104.7	94.6	WASTE ZONE 3 END	Straight On		12:51	13:36	13:43	13:50
104.7	94.6	FEEDING ZONE START	Straight On	Sign "WTK Agribusiness" on the left - Parking area for support car (Feeding)	12:51	13:36	13:43	13:50
106.8	92.5	FEEDING ZONE END	Straight On	Sign "SUAI COMPLEX" on the right - Parking area for support car (Feeding)	12:54	13:39	13:46	13:53
106.8	92.5	WASTE ZONE 4 START	Straight On		12:54	13:39	13:46	13:53
107.3	92.0	WASTE ZONE 4 END	Straight On		12:55	13:40	13:46	13:54
114.2	85.1	Bridge	Straight On	Sungai Nyalau	13:04	13:49	13:56	14:04
114.7	84.6	SPRINT 2 - NYALAU	Straight On	Sign "Kg Hulu Nyalau Tamuk B" on the left	13:05	13:50	13:57	14:05
122.2	77.1	Splitter	Keep Left		13:15	14:00	14:08	14:16
122.4	76.9	Traffic Light Junction	Straight On	Left to Sarawak Energy Samalaju	13:15	14:00	14:08	14:17
128.3	71.0	Splitter	Keep Left		13:23	14:08	14:16	14:25
128.4	70.9	T-Junction	Turn Left	To Jalan Coastal Bintulu - Miri	13:23	14:08	14:16	14:26
140.8	58.5	Roundabout	2nd Exit	To Jalan Coastal Bintulu-Miri / Jalan Bintulu- Bakun on the left	13:40	14:25	14:34	14:44

Miri - Bintulu

Schedule



Start Location : Miri Waterfront, Miri
 Finish Location : Lasar Kenyalang, Bintulu
 Neutral Zone : 6.5 km
 Race Distance : 199.3 km
 Total Distance : 205.8 km

DISTANCE (km)		INSTRUCTION		DESCRIPTION	TIME TABLE			
FROM START	TO FINISH				Cavalcade @ 45mins	44kph	42kph	40kph
141.4	57.9	Bridge	Straight On	Sungai Similajau Tributary	13:41	14:26	14:35	14:45
141.8	57.5	WASTE ZONE 5 START	Straight On		13:42	14:27	14:36	14:46
142.3	57.0	WASTE ZONE 5 END	Straight On		13:42	14:27	14:36	14:46
146.1	53.2	Splitter	Keep Left		13:48	14:33	14:42	14:52
158.0	41.3	KOM Start - 75m	Keep Left	Splitter	14:04	14:49	14:59	15:10
159.4	39.9	KOM 1 - BINTULU	Straight On	Cat 4, 126m (Sign "Lorong Memotong Tamat Di Hadapan 150m" on the left)	14:06	14:51	15:01	15:12
164.2	35.1	Splitter	Keep Left		14:12	14:57	15:08	15:19
169.5	29.8	Bridge	Straight On	Sungai Likau	14:20	15:05	15:15	15:27
171.4	27.9	Splitter	Keep Left		14:22	15:07	15:18	15:30
176.2	23.1	Splitter	Keep Left		14:29	15:14	15:25	15:37
176.7	22.6	Sign	Straight On	Samalaju Petrol Station Sdn Bhd on the right	14:29	15:14	15:25	15:38
177.1	22.2	Traffic Light Junction	Straight On	Sign "Seberkas Industrial Estate" on the right	14:30	15:15	15:26	15:39
179.3	20.0	DRINK FINISH	Straight On		14:33	15:18	15:29	15:42
179.3	20.0	WASTE ZONE 6 START	Straight On		14:33	15:18	15:29	15:42
179.8	19.5	WASTE ZONE 6 END	Straight On		14:34	15:19	15:30	15:43
180.0	19.3	Traffic Light Junction	Turn Left	To Jalan Kidurong	14:34	15:19	15:30	15:43
181.1	18.2	Sign	Straight On	Petronas (Vision Kidurong Petrol Station Enterprise) on the left	14:36	15:21	15:32	15:45
181.3	18.0	Traffic Light Junction	Straight On	Kg Sg Plan on the right	14:36	15:21	15:32	15:45
183.0	16.3	SPRINT 3 - KIDURONG	Straight On	Sign "Pasar Besar Ekonomi Econsave on the left	14:38	15:23	15:34	15:48
183.9	15.4	Traffic Light Junction	Straight On	3 Traffic Light Junctions in 6.8km	14:39	15:24	15:36	15:49

Schedule



STAGE 7

Start Location : Miri Waterfront, Miri
 Finish Location : Lasar Kenyalang, Bintulu
 Neutral Zone : 6.5 km
 Race Distance : 199.3 km
 Total Distance : 205.8 km

DISTANCE (km)		INSTRUCTION		DESCRIPTION	TIME TABLE			
FROM START	TO FINISH				Cavalcade @ 45mins	44kph	42kph	40kph
191.1	8.2	Fork Junction	Bear Left	To Bintulu - Miri Highway	14:49	15:34	15:46	16:00
191.6	7.7	Sign	Straight On	Ibu Pejabat Polis Daerah Bintulu on the right / Jalan Bougainvillea on the left	14:50	15:35	15:47	16:00
192.4	6.9	Traffic Light Junction	Turn Right	To Jalan Johari Sunam	14:51	15:36	15:48	16:02
193.5	5.8	Traffic Light Junction	Straight On	Jalan Alamanda Pertama on the left	14:52	15:37	15:49	16:03
194.6	4.7	Traffic Light Junction	Turn Right	To Jalan Sibiyu	14:54	15:39	15:51	16:05
196.0	3.3	Traffic Light Junction	Straight On	Petronas Sibiyu on the left	14:56	15:41	15:53	16:07
197.3	2.0	Traffic Light Junction	Straight On	Jalan Tan Sri Celestine Ujang on the left / Jalan Kemena on the right	14:58	15:43	15:55	16:09
197.5	1.8	T-Junction	Turn Right	To Jalan Kampung Baru (Hamdan Motor on the left)	14:58	15:43	15:55	16:09
197.6	1.7	Bridge	Straight On		14:58	15:43	15:55	16:09
197.8	1.5	Traffic Light Junction	Straight On	To Jalan Tun Ahmad Zaidi - Petronas Carigali Sdn Bhd on the right	14:58	15:43	15:56	16:10
198.1	1.2	Sign	Straight On	Fairfield by Marriot Hotel on the right	14:59	15:44	15:56	16:10
198.9	0.4	Traffic Light Junction	Straight On	Jalan Sultan Iskandar on the right / Jalan Law Gek Soon on the left	15:00	15:45	15:57	16:11
199.3	0.0	Race Finish at Lasar Kenyalang, Bintulu			15:00	15:45	15:58	16:12

Miri - Bintulu

Transfer to Hotel Map



▶ Fairfield Hotel
 Estimated travel time : 4 mins
 Estimated distance : 1.5 km

▶ Park City Everly
 Estimated travel time : 6 mins
 Estimated distance : 2.2 km


Scan here to HQ Hotel



Fairfield Hotel
Miri



Scan here to HQ Hotel



Park City Everly
Miri

